

## PRESIDENTS REPORT 2008/09

Year ending 31 July 2009

As presented at the Annual General Meeting held 5 September 2009

Q Sprint was born on the 20th July 2008 at a meeting of Queensland sprint racing enthusiast held at Gympie Showgrounds. That meeting was the result of much renewed interest in the racing of Quarter Horses through witnessing the promotion and conduct of racing in Victoria by the Victorian Racing Quarter Horse Association Inc (VRQHA). In fact the desire to create Q Sprint was born out of the very successful inaugural Quarter Horse Racing Conference held in Victoria in 2008 that was attended by a delegation from the USA representing the American Quarter Horse Association (AmQHA). Out of that conference was formed a National Advisory Group (NAG) that has set upon the task of further building interest in Quarter Horse racing and developing the structures and relationships required to develop a structured framework for racing Quarter Horses in Australia.

Q Sprint was fortunate in establishing a group of 12 high calibre individuals to form the inaugural Committee of Q Sprint. All members of the team each

brought unique skills and experience to the Committee and it was a positive start to the club. In Qld we are fortunate to have legislation in place that allows for the introduction of a new code of racing with a stand alone control body that can regulate and administer Quarter Horse racing in Qld. That lack of structure being present was demonstrated to have played a large part in the VRQHA 2008-09 racing season not being the success it may have well been. Members of Q Sprint Committee understood that importance and in the past year have sought to work towards having such a structure in place before any racing is (or can be) conducted by Q Sprint.

Apart from involvement with the NAG, a number of meetings were held during the past year with Directors of each of the Australian Quarter Horse Association (AQHA), the National Sprint Racing Association (NSRA) and Alternate Racing Queensland (ARQ). It is fair to say that the co-operation and/or willingness to assist Q Sprint by each of these organisations that has been disappointing. In particular ARQ is fundamental to Q Sprint being able to race. Directors of NSRA and ARQ gave certain under



*Outgoing President Brett Abraham*

takings in a meeting with myself and a fellow NAG member in April 2009 that have just not been delivered in any form. It seems that ARQ is a toothless tiger and provides minimal value to Q Sprint yet could quite easily be made to be so with some focus by its Directors. ARQ is an entity by name and name only.

One of the pleasing aspects of this inaugural year for Q Sprint is the number of committed people who have such faith in Quarter Horse racing to have become Founding Life Members of Q Sprint. That has been an excellent contribution to the club and it has provided a solid financial basis for it to commence to operate. Recognition of these Founding Life Members should be an ongoing part of all future Q Sprint activities.

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I do wish to thank all members of the inaugural Committee, in particular Jodie Vanstone and Esmay Woods who have been admirable in performing their individual duties. Special mention must be made of the efforts that Jodie has done in establishing the Q Sprint website has been fantastic and provides for the professional image that is so needed.

Unfortunately 2009 saw the sad passing of Owen Taylor who was an inaugural Committee member. It is hoped that the belief Owen had in Quarter Horse racing can be made into reality.

It has been an honour to be the inaugural club President and to have played

a part in re-establishing an entity in Queensland that can be used to take Quarter Horse racing forward once again, however it is with some regret that I will not be standing for nomination for any position in the new Committee. My business and personal commitments do not allow me to provide the level of focus required for this current role, so it is best that the baton is handed over to someone with greater energy at this time. I will still be available to provide guidance to the Committee as required to assist in planning and I will still be an active participant in General Meetings. With the limited time that I have available I personally feel that it is best served to Q Sprint by myself attempting to further the establishment of an appropriate entity to

provide the required regulatory structure needed for Q Sprint to conduct Quarter Horse racing.

May I wish the incoming Q Sprint Committee the greatest future success in achieving its defined Mission Statement of **"promoting and fostering the Quarter Horse Racing Industry in Queensland"**. Commitment and co-operation can achieve that and Q Sprint has a great foundation to get there.

Best Regards,

Brett Abraham



## VITAL SIGNS

By Jody Murray

Do you know your horse's vital signs? The vital signs include the heart rate, pulse, respiration rate, gut sounds, mucus membrane colour, hydration and rectal temperature. If you know your horse's resting vital signs you have a much better chance of knowing if there are any deviations from the normal which can be a sign of your horse not feeling at its best due to illness or lameness.

You will need a stethoscope, thermometer and watch and a fair understanding of your horse's anatomy (see illustration pg 4).

The resting heart rate and pulse should be between 30-40 beats per minute. The heart beat can be found by using a stethoscope on the nearside of the

horse just behind the elbow on the rib cage. The heart beat should sound like lub dub. This is one beat. If you count the number of beats in a 15 second period then times this by 4 it will give you your beats per minute.

The pulse can be found either under the jaw along the facial artery or in the groove below the knee on the medial (inside) of the cannon bone along the median artery. The resting pulse rate is the same as the resting heartbeat rate, between 30-40 beats per minute.

The resting respiration rate should be between 12 to 20 breaths per minute. The best places to check the respiration rate is to put your hand near the nostrils and feel the breath as the horse lets it out or you can watch the flank as it rises and falls as the horse breathes in and out. Like the pulse and heart rate you count

the breaths for 15 seconds then multiply this by 4 to give you the number of breaths per minute.

The gut sounds are the water going down the drain sounds that you often hear when you are spending time with your horse. These gurgling noises should be regular. You may need to put the stethoscope on the hollow below the loins and above the flank to hear the noise. Some horses aren't as loud as others.

The mucus membrane colour should be a salmon pink colour. The visible mucus membrane can be found at the gums or inside the nostrils. Press your finger against the gum then let go. The gum should return to its natural salmon pink colour within 2 - 3 seconds.

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## 2008/09 AGM

Q Sprint conducted its Annual General Meeting on Saturday 5 September 2009. Thanks must go to one of our founding life members Melinda Leong for allowing us to utilise her Royal Hotel at Roadvale near Boonah as the venue for the meeting.

Attendance was disappointing overall, however it was pleasing to see that a number of members who had to make considerably long trips in order to attend were present at such an important meeting.

Reports were presented by the 2008-09 President (see pg 1) and Treasurer. At the end of the club's financial year (31 July) the balance stood at \$4698.93 after having received \$5981.18 from payment of membership fees, advertising revenue, and donations covering the years activities and spent \$1282.25 largely on advertising and promotion. The balance demonstrates that the club is in a good financial position to move forward with it's plans to race in 2010.

After presentation of the reports nominations were called for positions on the 2009-10 Committee. The following people were elected to roles on the Committee for 2009-10: Jodie Vanstone as President, Michael

Rollston and Des McDade as First and Second Vice Presidents respectively, Esmay Woods as Secretary and the position of Treasurer being left vacant. This role has since been filled by Melinda Leong as a casual vacancy. Committee members include Frank Caruana, Rex Zehnder and Jody Murray. The AGM was then closed and the new President Jodie Vanstone opened the General Meeting. Minutes from the AGM and General Meeting are available on the Q Sprint website. Just prior to the closing of the meeting Frank Caruana, Committee member and Director of the company Caruana Drilling & Earthmoving Contractors presented the President of Q Sprint with a new laptop computer.



*Frank Caruana presenting lap top to Q Sprint President Jodie Vanstone at the AGM.*

## CONTACTS

### Q Sprint Inc Management Committee 2009/10

#### Executive Committee

President	Jodie Vanstone	Ph. 0407 027 067	email: mail@q-sprint.com.au
Vice President	Michael Rollston	Ph. 0418 153 449	
2nd Vice President	Des McDade	Ph. 0429 336 016	
Secretary	Esmay Woods	Ph. 0428 757 318	email: secretary@q-sprint.com.au
Treasurer	Melinda Leong	Ph. 07 5463 5702	

#### Committee Members

Rex Zehnder	Ph. 0488 088 958
Frank Caruana	Ph. 0428 757 318
Jody Murray	Ph. 07 4741 7017

#### Newsletter Contributions

Jody Murray is the Q Sprint Newsletter Co-ordinator, if you have any news, items of interest, articles you would like to see published, or advertising you wish to place in the Q Sprint Newsletter please contact Jody on 07 4741 7017 or email [scottandjody@reachnet.com.au](mailto:scottandjody@reachnet.com.au)

## 2009 FOAL GALLERY



**2009 Buckskin Filly** bred by Esmay Woods of Rosedale Quarter Horse Stud, Qld. Bloodlines of Go Man Go and There Goes Dusty.



**2009 Bay Filly** by Winning Deck from Proud Savannah. Bred by David McNamara of Superior Sprint Quarter Horses, Qld.



**2009 Chestnut Colt** by Wingara Slide N Out from Wingara Dash in a Flash. Bred by Murray family of Wingara Quarter Horses, Qld.



**2009 Palomino Filly** by Wingara Slide N Out from Wingara Dash in a Flash. Bred by Murray family of Wingara Quarter Horses, Qld.



**2009 Black Filly** by Lil Breeze Bar from Sweet N Special. Bred by Jodie Vanstone, Qld.



**2009 Chestnut Colt** by Lil Breeze Bar from Metaxa Petaluga. Bred by Jodie Vanstone, Qld.

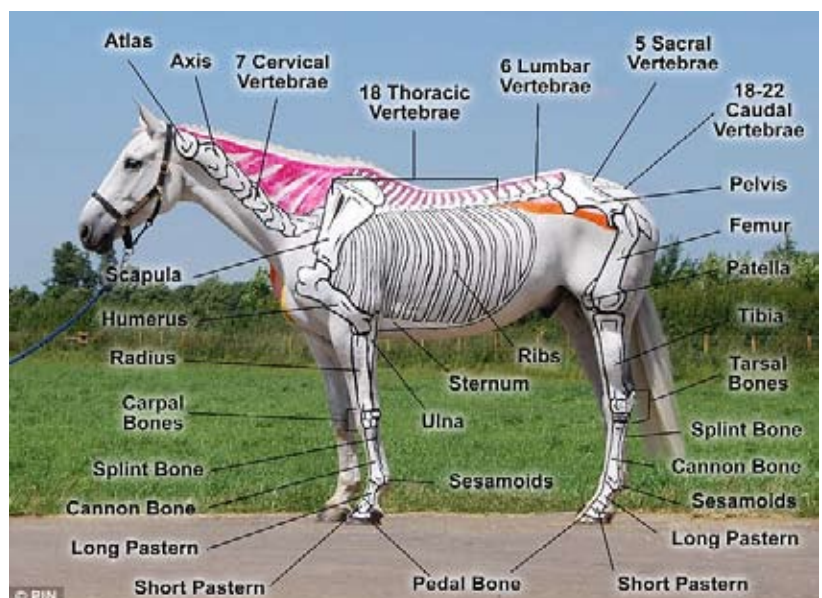
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To tell if your horse is hydrated you can gently pinch the skin on the neck and it should return to its original position within a couple of seconds. If the horse is dehydrated the pinched skin will stay in the pinched position.

The rectal temperature of the healthy horse is between 37.5 to 38 degrees Celsius. For this you will need a digital thermometer, as this works the best. Stand to rear of the horse but to the side so you are standing near the hip. This is so you can avoid being kicked. Lift your horse's tail and get it used to you handling this area. Spit on the thermometer for lubrication, lift the tail and insert into the anus, being careful to hold the thermometer against the wall of the rectal cavity. If you push straight to the centre there is a chance you can cause serious damage. Once the thermometer is inserted up to the thermometer shoulder, start the thermometer timer. **DO NOT LET GO OF THE THERMOMETER.** Horses have been known to suck the thermometer back into their rectums. Wait for the beeper to go off. This will give you the reading.

Knowing how and where to find the vital signs of your horse is also beneficial in being able to gage the fitness level of your horse. As your horse gets fitter the quicker the vital signs return back to normal after exercise

This information is a guide only. Please consult with your vet and have them show you how to check the vital signs of your horse.



## NEW MEMBERS

A big welcome and thanks for your support goes to the following new members of Q Sprint:

Monique Kell & Simon Burke  
Lee Armstrong  
Emma Morton  
Tom Craig & Alison Davin  
Sandy Messenger & K Eastcott  
Lisa Sutton

Chinchilla, Qld  
Adelong, NSW  
Mount Isa, Qld  
Kandanga, Qld  
Mundubbera, Qld  
Chinchilla, Qld

## CLASSIFIEDS

### Superior Sprint Quarter Horses



*WE BREED FOR SPEED!!!*

Breeding quality stock for track, barrels and rodeo.  
Youngstock for sale at all times. Ph 0488 181 499 or email

david@superiorsprintquarterhorses.com

[www.superiorsprintquarterhorses.com](http://www.superiorsprintquarterhorses.com)

### GREAT RACE PROSPECT



Well grown 2 year old registered Quarter Horse filly. Proven race performance in immediate pedigree. Sire brother in blood to multi race winner, dam multiple race winner In Vogue. From the family of the great Sava Jet. Ready to break in. **\$4000** ono Ph 07 5463 2648 (AH) or cell 0407 027 067 or email jodievanstone@hotmail.com

## SPONSORS

A huge THANK YOU goes out to the family owned Mackay based company Caruana Drilling & Earthmoving Contractors for donating a new laptop computer to Q Sprint Inc.

The laptop was presented to 2009/10 Q Sprint President Jodie Vanstone by Frank Caruana, a director of the company.

**Thank you Caruana Drilling & Earthmoving!**



The next newsletter will be out very soon, watch for more informative articles and date for the next general meeting.

### WINGARA Quarter Horses

*Cowhorses with Speed, Speed Horses with Cow*

At Stud  
**Wingara  
Slide N Out**



At Stud  
**Sunny Lena**

Uanda Station - Prairie - North Qld  
Ph 07 4741 7017

[www.freewebs.com/uandasj](http://www.freewebs.com/uandasj)



Q Sprint Inc. is an association made up of people just like you, passionate about Quarter Horse and sprint racing, working together to promote opportunities for the growth of this exciting industry in Queensland.

Lend your support and join Q Sprint Inc. TODAY!

Membership Name: \_\_\_\_\_

Name of Representative *(required if not single membership)*: \_\_\_\_\_

Postal Address: \_\_\_\_\_

\_\_\_\_\_ State: \_\_\_\_\_ Post Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

AQHA Member No. *(if applicable)*: \_\_\_\_\_

**Class of Membership** *(Please tick one)*

\$40 Single Membership

\$60 Family Membership

\$500 Life Membership

I wish to receive my Newsletter via email

**I am interested in:**

Owning a sprint race horse

Breeding sprint horses

Training

Becoming a jockey

Being a strapper

Volunteering on race days

I /WE agree to abide by the rules of Q SPRINT INC and release the club from any liability, either personal or property:

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Please return this form, along with your cheque or money order to:

**The Treasurer**  
**Q Sprint Inc**  
**PO Box 629**  
**Beaudesert Qld 4285**

**THANK YOU FOR SUPPORTING Q SPRINT INC!**

**OFFICE USE ONLY**

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